

NEU:
Training & Übungen

ENGLISCH

2026
BLF

Sachsen
Gymnasien &
Gemeinschafts-
schulen

Lernheft inklusive

- › Original-Prüfungen
- › ausführliche Musterlösungen
- › Hörverstehen
- › Trainingsteil mit Hinweisen und Übungsaufgaben

INFO ZUR LESEPROBE

Diese Vorschau gibt Ihnen einen Einblick in unser Vorbereitungsheft:

[BLF Englisch 2026 – Sachsen](#)

Zum Online-Shop:

www.pruefungshefte.de

Wichtige Infos zum Urheberrecht

Diese Leseprobe sowie das Originalwerk sind urheberrechtlich geschützt. Jegliche Vervielfältigung, Verbreitung, oder öffentliche Wiedergabe, sei es in digitaler oder physischer Form, ohne unsere ausdrückliche Genehmigung, ist untersagt und strafbar. Das Vorbereitungsheft, inklusive dieser Leseprobe, darf ausschließlich für den persönlichen Gebrauch verwendet werden.



INHALT

KAPITEL 1 VORWORT	Seite 2
KAPITEL 2 ALLGEMEINES ZU DEN BESONDEREN LEISTUNGSFESTSTELLUNGEN	Seite 3
KAPITEL 3 HINWEISE ZUR ENGLISCHPRÜFUNG	Seite 4
Aufbau der schriftlichen Prüfung	Seite 4
Prüfungsteil 1 Hörverstehen Listening Comprehension	Seite 5
Prüfungsteil 2 Leseverstehen Reading Comprehension	Seite 5
Prüfungsteil 3 Textproduktion Text Production	Seite 6
KAPITEL 4 TRAINING ZUR VORBEREITUNG AUF DIE PRÜFUNG	Seite 7
Grammatik Grammar	Seite 7
Prüfungsteil 1 Hörverstehen Listening Comprehension	Seite 20
Prüfungsteil 2 Leseverstehen Reading Comprehension	Seite 32
Prüfungsteil 3 Textproduktion Text Production	Seite 41
KAPITEL 5 ORIGINALPRÜFUNGEN	Seite 53
Originalprüfung 2023	Seite 54
Originalprüfung 2024	Seite 60
Originalprüfung 2025	Seite 66
KAPITEL 6 MUSTERLÖSUNGEN	Seite 73
Musterlösungen zur Originalprüfung 2023	Seite 74
Musterlösungen zur Originalprüfung 2024	Seite 82
Musterlösungen zur Originalprüfung 2025	Seite 89

ENGLISCH

2023

2024

2025

**ORIGINAL-
PRÜFUNGEN**

Besondere Leistungsfeststellung (BFS)
im Fach Englisch | Sachsen

TASK A

(5 BE)

Decide if the statements are true or false and tick (✓) the correct box.

Find the lines in the text that support your decision and add them to the table.

		TRUE	FALSE	PROOF IN LINE(S)
1.	Producers continually expand the functions of their fitness gadgets.	☐	☐	
2.	When worn like a watch, fitness trackers measure steps exactly.	☐	☐	
3.	Fitness trackers count various motions of the body as steps.	☐	☐	
4.	Different devices present identical results.	☐	☐	
5.	No matter how you put on your fitness tracker, you will see the same results.	☐	☐	

TASK B

(4 BE)

Complete the sentences with information from the text.

6. Major trends are more _____ than the accuracy of single numbers.

7. Every week we should aim at more than three hours of _____.

8. Some apps focus not as much on the number of steps as on _____.

9. One reason to read the manual is _____.

TASK C

(1 BE)

Choose the most appropriate headline for the text. Tick the correct box.

- ☐ Major Fitness Trends
- ☐ Limitations of Fitness Devices
- ☐ Count Your Steps and Stay Fit

PRÜFUNGSTEIL 3

TEXTPRODUKTION | TEXT PRODUCTION

Choose **one** of the following topics A or B. Write about 250 words.

TOPIC A

THE WEIRDEST SPORTS IN THE WORLD?!

/ 20 BE

As you are mad about sports and always on the lookout for new challenges, you have browsed the internet for inspiration. You have found these unusual sports on a website.

On your personal blog

- describe your experience with sports
- share your opinion on one of the sports presented below. Feel free to
- suggest variations to the sport.

DOGGIE SURFING



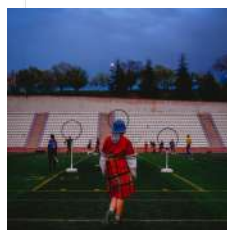
participants: you and your dog
activity: teach your dog to ride the waves
equipment: a surfboard
location: a lake or the sea

ZORBING



participants: individual riders
activity: roll down a hill inside a large ball
equipment: large transparent plastic ball
location: hill with flat surface

QUIDDITCH



participants: two teams, 7 people each
activity: play with a broom between legs, rules similar to rugby
equipment: ball, broom stick
location: pitch

Adapted from: <https://www.boredpanda.com/weird-sports/> [accessed: 20 May 2024]

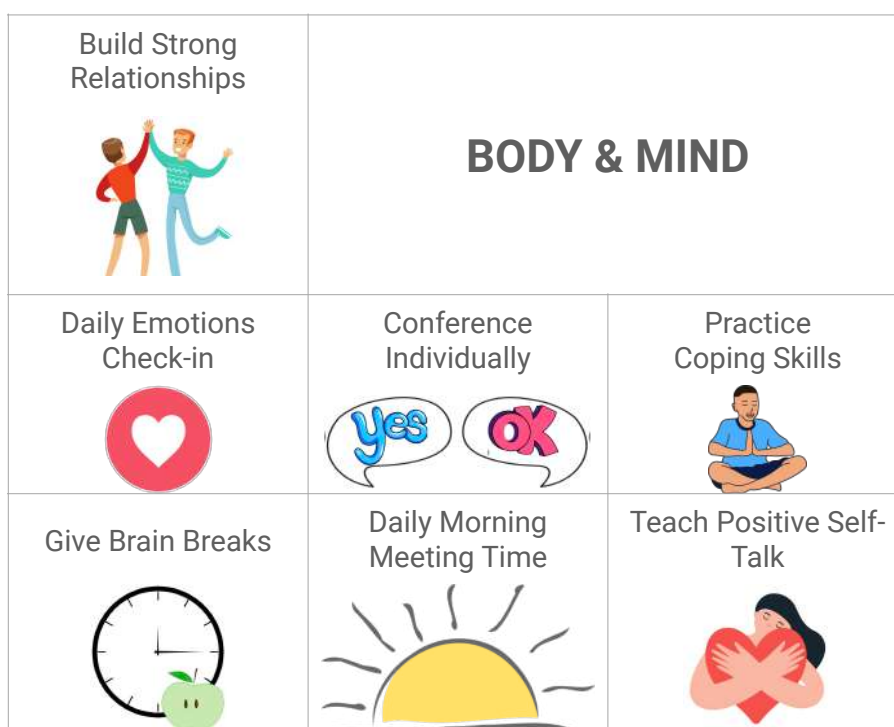
CHESS BOXING**participants:** two opponents**activity:** 4-minute round of chess followed by a 3-minute round of boxing**equipment:** chess board & boxing gloves**location:** box ring and table**OR**

TOPIC B

BODY & MIND**/ 20 BE**

The editors of your online school magazine plan a special edition on healthy living.

They invite students to share their personal self-care strategies. While researching, you have found this infographic.



Write an article for the online school magazine

- presenting your favourite strategies to keep your body and mind healthy as well as
- suggesting ways for your school to contribute to a healthy body and mind.

You may refer to the infographic.

ENGLISCH

2023

2024

2025

**MUSTER-
LÖSUNGEN**

Besondere Leistungsfeststellung (BFS)
im Fach Englisch I Sachsen

TOPIC A

BLOG ENTRY | THE WEIRDEST SPORTS IN THE WORLD?!

/ 20 BE

Hinweise zur Aufgabe: Beim letzten Teil deiner Prüfung hast du die Wahl zwischen zwei Aufgaben. Deine erste Option ist ein persönlicher Blogeintrag über Sportarten. Grundlage ist eine Website zu ungewöhnlichen Sportarten.

- Beschreibe deine **eigenen Erfahrungen mit Sport**, gehe auf **eine der vier Sportarten** genauer ein und gib deine **Meinung** dazu ab (inklusive möglicher Varianten oder Verbesserungsvorschläge).
- Wichtig ist, dass du deine **eigene Haltung klar ausdrückst**. Überlege dir zuerst, warum du Sport magst und welche Sportarten du schon ausprobiert hast.
- Dann entscheide dich für eine Sportart und erstelle einen **Schreibplan**, um deinen Text gut zu strukturieren und im vorgegebenen Umfang zu bleiben.

 OUTLINE

INTRODUCTION	• Header: Brains and Brawn: Why Chess Boxing Is a Gamechanger, Posted on 09 July 2025, User: curi0us_competitor • Hook: Some sports challenge your body, others your brain. What if one challenged both? • Premise: Chess Boxing as a weird new sports discovery, but very tempting. .
MAIN PART	A. Experience: • Interest: Started sports early, football when I was 5. • Boxing: Became interested in boxing at 14, started when I was 15. • Chess: Recently got into chess. B. Chess Boxing • Description: 4 minutes of chess, then 3 minutes of boxing, repeated. • Impression: Demands focus, calm, and endurance. • Variations: Beginner matches with less boxing & Chess Fencing.
CONCLUSION	• Summary: Chess Boxing as an unusual sport, but one with a lot of potential. • Motivation: Attempt to start a club at school.

 SAMPLE SOLUTION

INTRODUCTION **Brains and Brawn – Why Chess Boxing is a Gamechanger**
 Header Posted on: Wednesday, 09 July 2025 User: curi0us_competitor

Hook **Some sports challenge your body, while others challenge your brain.** But what if there was a sport that did both? I recently discovered a weird, but incredibly cool sport that could be just that. It's called Chess Boxing. Now, it sounds strange, but the more I read into it, the more I am tempted to try it.

Premise

MAIN PART
Experience

Let me start with a bit about myself. I have been interested in sports from a very young age. I started playing football when I was five, and then I became interested in boxing at 14. I finally decided to try it out one year later, when I was 15. But recently, I have also been getting into chess. I haven't had the chance to join a club, but I did try playing a few rounds and I started watching a lot of chess content online.

Chess
Boxing

And that is where Chess Boxing comes in. I found it while looking for new challenges online. The principle is very simple. You start with four minutes of chess and then have a boxing match for three minutes. That cycle continues until you win either match. It is actually very intense, as it demands both absolute focus and calm, and you need to be able to endure the boxing as well. **There are also a lot of ways you could change Chess Boxing to fit your needs.** For instance, you could do beginner matches for people with less experience with boxing, or you could even change it completely and do something like Chess Fencing!

CONCLUSION
Summary
Motivation

There is no denying that Chess Boxing is a very unusual sport, but I think it also has the potential to become incredibly popular. I, for one, would love to start a club at my school to try it out.

(294 words)

TOPIC B

ARTICLE | BODY & MIND

/ 20 BE

Hinweise zur Aufgabe: Deine zweite Option ist ein Artikel für das Online-Schulmagazin zum Thema *gesundes Leben*. Grundlage ist eine Infografik, die du in deinem Text aufgreifen kannst.

- Beschreibe deine persönlichen Strategien, um Körper und Geist gesund zu halten, und mache Vorschläge, wie die Schule zur körperlichen und mentalen Gesundheit beitragen kann.
- Beziehe dich dabei auf passende Aspekte der Infografik – zum Beispiel, indem du sie erklärst, kommentierst oder mit eigenen Erfahrungen vergleichst.
- Achte auf einen klaren Aufbau, eine passende Überschrift und einen formell-freundlichen Stil, der trotzdem interessant zu lesen ist.
- Plane deinen Text vorab und halte dich an die Wortvorgabe.

OUTLINE

INTRODUCTION

- Heading: Healthy Habits, Happy Life
- Hook: In today's busy world, it's easy to forget the importance of self-care.
- Premise: Easy habits and strategies can help keep you healthy.

MAIN PART

- A. Personal Strategies
 - Relationships: Spending time with friends helps me feel supported.
 - Sports: Active lifestyle to ensure physical and mental health.
 - Positive Self-Talk: Infographic inspired me to leave positive notes for myself.

	B. School Suggestions • Coping Workshops: Teach stress management and relaxation techniques. • Conference: More individual talks with teachers/counsellors to discuss worries. • Breaks: Encourage short brain breaks for focus and relaxation.
CONCLUSION	• Reflection: Small habits can make you much healthier and happier. • Outlook: Schools have a big role in supporting students' health.

SAMPLE SOLUTION

INTRODUCTION

Heading

Hook

Premise

Healthy Habits, Happy Life

In today's busy world, it's easy to forget the importance of self-care. **But even very simple habits can help protect your health and happiness**, so you should always try to find new ways to improve your life.

MAIN PART

Personal Strategies

I personally have tried to become more healthy by paying attention to my habits. There are some things I already do naturally. I love spending time with my friends and strengthening our bonds, whether it is by sharing problems or laughing together. This makes me feel supported and less lonely. I try to stay active by doing sports to keep my body fit and improve my mental health. I also recently saw an infographic which inspired me to try out positive self-talk. Now, I leave encouraging notes on my desk and all around my home to boost my confidence daily.

School suggestions

As schools are intended to prepare us for life, they also have the power and responsibility to shape our lives for the better. For instance, our school could offer coping workshops teaching stress management and relaxation techniques. Learning practical skills like deep breathing could help pupils deal with exam anxiety. There should also be more opportunities for individual conversations with teachers or counsellors, so that students have a chance to discuss their worries. Finally, allowing short brain breaks between lessons would massively improve focus and relaxation, making pupils happier and more engaged.

CONCLUSION

Reflection
Outlook

These habits might be small, but they can have a large impact on your health and happiness. Even taking these small steps can help lead you to a better life. Our school has an important role in encouraging this journey. By helping students find their path to a healthy life, we can create a happier and healthier world.

(287 words)